CLAIMS

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- 1. A hair holder comprising one or more hair holding sheets for holding a hair bundle in a prescribed shape, at least one of the hair holding sheets retaining a hair treating agent such that the hair treating agent is integrated therewith.
- 5 2. The hair holder according to claim 1, wherein at least one of the hair holding sheets is an agent-impregnated sheet having a Taber stiffness of 0.2 mN m or higher and a water retention of 0.03 g/cm² or more and impregnated with the hair treating agent.
 - 3. The hair holder according to claim 2, comprising a flat tube having two sides and a hollow therein, each of the sides being formed of the agent-impregnated sheet, and the hollow being adapted to have a hair bundle inserted therethrough.
 - 4. The hair holder according to claim 3, wherein the flat tube has an agent-impermeable layer made of a material impermeable to the hair treating agent formed on part of, or the whole of, the outer surface thereof.
 - 5. The hair holder according to claim 2, comprising one hair holding sheet, the hair holding sheet being the agent-impregnated sheet, and the impregnated sheet having cut out a plurality of holes through which a hair bundle is adapted to be threaded.
 - 6. A hair treating method comprising:

providing one or more hair holding sheets configured to hold a hair bundle in a prescribed shape, at least one of the hair holding sheets being a sheet having a Taber stiffness of 0.2 mN·m or higher and a water retention of 0.03 g/cm² or more and

impregnating the at least one of the hair holding sheets with a hair treating agent to prepare at least one agent-impregnated sheet before carrying out a hair treatment.

7. The hair holder according to claim 1, wherein at least one of the hair holding sheets is an agent-coated sheet having a hair treating agent having a viscosity of 100 mPa·s or higher applied to the inner side thereof and being impermeable to the hair

treating agent.

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- 8. The hair holder according to claim 7, wherein the hair treating agent is supported by an agent-supporting layer.
- 9. The hair holder according to claim 7 or 8, which is a flat tube having two sides, one side of the flat tube being formed of the agent-coated sheet, and the other side being formed of an agent-permeable sheet permeable to the hair treating agent,

the hair holder further comprising a protective sheet impermeable to the hair treating agent inserted between the agent-coated sheet and the agent-permeable sheet to provide a hollow for inserting a hair bundle between the agent-permeable sheet and the protective sheet.

10. The hair holder according to claim 7 or 8, comprising an outer flat tube and an inner flat tube inserted through the outer flat tube,

the outer flat tube being formed of two sheets for holding a hair bundle in a prescribed shape,

the inner flat tube being formed of the two hair holding sheets, at least one of the two hair holding sheets being the agent-coated sheet, and

the inner flat tube having a hollow through which a hair bundle is adapted to be inserted.

- 11. The hair holder according to claim 10, further comprising a hair inserter configured to lead a hair bundle into the hollow of the inner flat tube, the hair inserter being sealed in the inner flat tube together with the hair treating agent.
- 12. The hair holder according to claim 11, wherein the end of the inner flat tube is configured to expose the end of the hair inserter.
- 13. The hair holder according to claim 1, wherein at least one of the hair holding sheets has provided on a side thereof a plurality of sealed agent packets having a hair treating agent sealed therein.

- 14. The hair holder according to claim 13, wherein the hair holding sheets have the shape of a flat tube forming a hollow therein allowing a hair bundle to be inserted therethrough, the sealed agent packets being arranged in the hollow.
- 15. The hair holder according to claim 13 or 14, wherein the sealed agent packets are agent-containing bags formed separately from the hair holding sheets.

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- 16. The hair holder according to claim 13 or 14, wherein the sealed agent packets are formed by a packet-forming sheet and the side of the at least one of the hair holding sheets, the packet-forming sheet has a plurality of recesses which are concave in the thickness direction and in which the hair treating agent is sealed.
- 17. A hair treating method comprising providing the hair holder according to claim 13, placing or inserting a hair bundle on or through the hair holder, rolling up the hair holder together with the hair bundle, and applying pressure to the sealed agent packets before, during or after the rolling up to break the packets thereby releasing the hair treating agent out of the packets and supplying the hair treating agent to the hair.